

DETAILED AGENDA
THE SAFE AND SOUND CONFERENCE
CHILD AND FAMILY WELLBEING FOR A SUSTAINABLE FUTURE

Date: December 05-06, 2024

Location: Nguy Nhu Kon Tum Hall, 19 Le Thanh Tong, Hanoi

December 05, morning

Time	Content			Location
8:00-8:30	Registration			Hallway
8:30-8:35	Opening ceremony, introduction of guests and participants			Main hall
8:35-8:45	Welcome speech by the Representative of Vietnam National University			Main hall
8:45-8:55	Opening remarks by the Representative of the Norwegian Embassy in Vietnam			Main hall
8:55-9:05	Opening remarks by Professor Nguyen Quy Thanh, Rector, VNU University of Education			Main hall
9:05-9:10	Photo session			Main hall
Plenary session <i>Chair: Dang Hoang Minh, Ph.D., VNU University of Education</i> <i>Bahr Weiss, Ph.D Vanderbilt University, USA</i>				
9:10-9:30	Opening keynote: Child and family wellbeing for a sustainable future <i>Kerstin Söderström, Ph.D., Inland Norway University of Applied Science</i>			Main hall
9:30-10:00	Child adversity and later mental and somatic health problems <i>Lars Lien, Ph.D., Inland Norway University of Applied Science</i>			Main hall
10:00-10:20	Child maltreatment in Vietnam: epidemiology - challenges in research and possible solutions <i>Huong Nguyen, Ph.D., Hanoi Public Health University</i>			Main hall
10:20-10:50	Discussion			Main hall
10:50-11:10	Refreshment			Hallway
Parallel session				
Time	Session 1: Adverse Childhood Experiences and their related factors <i>Chair: Cecilie Dangmann, Ph.D, Inland Norway University of Applied Sciences</i> <i>Ha Ho, Ph.D, VNU University of Education</i>	Session 1 - Location	Session 2: Family's role in children and adolescents' wellbeing <i>Chair: Erik Winther Skogli, Ph.D., Inland Norway University of Applied Science</i>	Session 2 - Location



			<i>Tran Van Cong, Ph.D, VNU University of Education</i>	
11:10-11:15	Introduction	Main hall	Introduction	Conference room
11:15-12:15	<p>The relationship between adverse childhood experiences and emotion regulation: results from a Vietnamese psychiatric sample <i>Dinh Van Tue Anh, B.A., Latitude Therapy</i></p> <p>Relation between adverse childhood experiences and parenting styles <i>Nguyen Thi Nhan Ai, Ph.D., Hanoi National University of Education</i></p> <p>Emotion (dys)regulation self-report measures in adolescents in Emerging Asia: a Rapid review <i>Phuong Hoai Nga, VNU University of Education</i></p>	Main hall	<p>The relationship between parental psychological control and life satisfaction of secondary school students <i>Nguyen Thi Chinh, Ph.D., Institute of Psychology, Vietnam Academy of Social Sciences</i></p> <p>The Differentiation of the Roles of Perceived Burdensomeness and Thwarted Belongingness in the Relationship Between Family Dysfunction and Suicidal Ideation <i>Dang Duc Anh, M.A., VNU University of Education</i></p> <p>Effectiveness of facilitating instructor of family support programs for adolescent mental health issues <i>Hoang Thi Thanh Hue, M.A., Institute of Psychology, Vietnam Academy of Social Sciences</i></p>	Conference room
12:15-12:45	Discussion	Main hall	Discussion	Conference room
12:45-14:00	Lunch break			Hallway

December 05, afternoon

Time	Content	Location
	<p>Plenary session Chair: Lars Lien, Ph.D., Innland University Nam Tran, Ph.D., VNU UEd</p>	

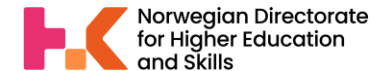


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iNN Inland Norway University of Applied Sciences

Norwegian Directorate for Higher Education and Skills

14:00-14:20	Individualism and Collectivism as Protective and Risk Factors for the Effect of Adverse Childhood Experience on Peer Aggression among Vietnamese adolescents <i>Bahr Weiss, Ph.D., Vanderbilt University</i>			Main hall
14:20-14:40	Bridging the gap between humanitarian action and long-term health systems: The role of early child development and nurturing care interventions <i>Ragnhild Dybdahl, Ph.D., University of Bergen</i>			Main hall
14:40-15:00	Discussion			
15:00-15:15	Refreshment			Hallway
Parallel session 2				
Time	Session 3: Emotional and behavioral health in school-aged children <i>Chair: Cecilie Dangmann, Ph.D, Inland Norway University of Applied Sciences</i> <i>Ha Ho, Ph.D, VNU University of Education</i>	Session 1 - Location	Session 4: Promoting resilience among adolescents <i>Chair: Erik Winther Skogli, Ph.D., Inland Norway University of Applied Science</i> <i>Tran Van Cong, Ph.D, VNU University of Education</i>	Session 2 - Location
15:15-15:20	Introduction	Main hall	Introduction	Conference room
15:20-16:20	Psychometric properties of Tej psychosocial checklist among school-age children in Kathmandu Valley <i>Jaya Shree Silpakar, M.Phil., Department of Psychiatry and Mental Health, Institute of Medicine, Tribhuvan University</i> A review of sleep quality in Vietnamese secondary and high school students <i>Le Thi Huyen Trang, Ph.D, VNU University of Education</i> The association between body image and emotional mental health among middle school aged adolescents: what is the role of perceived social support? <i>Ho Thu Ha, Ph.D., VNU University of Education</i>	Main hall	Comparative analysis of mental well-being among adolescents in shelters and family care in Vietnam <i>Du Quynh Thuc Nhien, B.A., VNU University of Education</i> Association related to resilience coping skill among inpatients with depression at National Institute of Mental Health, Bach Mai hospital <i>Nguyen Thuy Anh, M.A., M.D., Hanoi Mental Hospital, College of Health Sciences - Vin University</i> The relationship between gratitude and mental health of adolescents seen from some empirical studies around the world <i>Tran Thi Huyen, VNU-HCM An Giang University</i>	Conference room
16:20-16:50	Discussion	Main hall	Discussion	Conference room
18:30-21:00	Gala dinner			

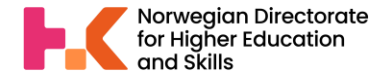


December 06, morning

Time	Content			Location
8:30-9:00	Registration			Hallway
Plenary session <i>Chair: Kerstin Söderström, Ph.D., Inland Norway University of Applied Science</i> <i>Tran Van Cong, Ph.D, VNU UEd</i>				
9:00-9:30	Clinical applications of functional QEEG and ERPs neuromarkers in the neurodevelopmental disorders <i>Dr. Silvana Markovska Simoska, Macedonian Academy of Sciences and Arts</i>			Main hall
9:30-9:50	The Lillehammer Neurodevelopmental Follow-Up study: Cognitive development, mental health and daily functioning in individuals with ADHD, Autism and Tourette's syndrome from childhood to young adulthood <i>Erik Winther Skogli, Ph.D., Inland Norway University of Applied Science</i>			Main hall
9:50-10:10	Challenges and Supports for Parents of Children with Developmental Disorders in Vietnam <i>Cong Tran, Ph.D., VNU University of Education</i>			Main hall
10:10-10:40	Discussion			Main hall
10:40-10:55	Refreshment			Hallway
Parallel session 3				
Time	Session 5: Wellbeing of children with neurodevelopmental disorders and their caregivers <i>Chair: Silvana Markovska Simoska Macedonian Academy of Sciences and Arts Ngoc Nguyen, Ph.D, VNU University of Education</i>	Session 1 - Location	Session 6: Educational interventions to promote health and academic performance <i>Chair: Ragnild Dybdahl, PhD, University of Bergen Trang Le, Ph.D, VNU University of Education</i>	Session 2 - Location
10:55-11:00	Introduction	Main hall	Introduction	Conference room
11:00-12:00	Important resilience factors when growing up with ADHD <i>Cecilie Dangmann, Ph.D., Inland Norway University of Applied Sciences</i> Self-compassion as a buffer against adverse psychological outcomes of caregivers of children with autism spectrum disorder	Main hall	The Relationship Between Cyberloafing in the Classroom and Academic Flow Among High School Students in Ho Chi Minh City <i>Ho Buu Dien, VNU-HCM University of Social Sciences and Humanities</i> Tích hợp Phòng vấn tạo động lực (MI) với Liệu pháp Hành vi Nhận thức (CBT) trong	Conference room



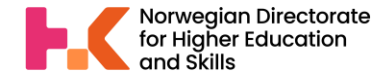
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	<p><i>Pham Ngoc Phuong Linh, Department of Psychology, University of Toronto Mississauga</i></p> <p>Dancesport in intervention for children with attention deficit hyperactivity disorder <i>Ta Thi Hue, M.A., Nam Dinh College of Education</i></p>		<p>can thiệp suy giảm động lực học tập nghiên cứu trường hợp học sinh trung học cơ sở <i>Nguyen Thi Ngan, VNU University of Social Sciences and Humanities</i></p> <p>Addressing Youth Non-Communicable Disease Risk Behaviors: Impacts of A Blended Educational Program in Schools <i>Nguyen Hai Thuong, M.D., Ph.D., PATH</i></p>	
12:00-12:30	Discussion	Main hall	Discussion	Conference room
12:30-13:45	Lunch break			Hallway

December 05, afternoon

Time	Content			Location
Plenary session <i>Chair: Lars Lien, Ph.D., Inland Norway University of Applied Science</i> <i>Tran Van Cong, Ph.D, VNU UEd</i>				
13:45-14:05	Mental health literacy in school <i>Dang Hoang Minh, Ph.D., VNU University of Education</i>			Main hall
14:05-14:25	Community-based Depression Care - Experience from BasicNeeds Vietnam <i>Tam Nguyen, M.A., Basic Needs</i>			Main hall
14:25-14:45	Discussion			
14:45-15:00	Refreshment			Hallway
Parallel session 4				
Time	Session 1: Digital and non-digital psychological interventions for children with mental disorders <i>Chair: Silvana Markovska Simoska Macedonian Academy of Sciences and Arts Ngoc Nguyen, Ph.D, VNU University of Education</i>	Session 1 - Location	Session 2: Promoting mental health literacy among students <i>Chair: Ragnild Dybdahl, PhD, University of Bergen Trang Le, Ph.D, VNU University of Education</i>	Session 2 - Location
15:00-15:05	Introduction	Main hall	Introduction	Conference room



15:05-16:05	<p>Exploring challenges to integrate digital technology into mental health care for adolescents in Vietnam: A qualitative study <i>Ta Thi Ngoc Van, M.A., VNU University of Education</i></p> <p>Cognitive-Behavioural Therapy “Cool kids” for Vietnamese youth with anxiety: A case series discussing issues in practice with online and offline modalities <i>Vu Bich Phuong, M.A., VNU University of Education</i></p> <p>Scoping Review: Modular Cognitive Behavior Therapy (CBT) for Children and Adolescent with Depression and Anxiety <i>Le Ngoc Bao Tram, M.A., VNU-HCM University of Social Sciences and Humanities</i></p>	Main hall	<p>Psychotherapy-seeking Intentions among the College Students in Hanoi, Vietnam <i>Pham Thi Yen, M.Phil., M.Sc., University of Bergen</i></p> <p>The influence of depression and anxiety disorders literacy on mental help-seeking attitude among high school students <i>Nguyen Thi Ly Na, B.A., VNU University of Education</i></p> <p>Enhancing Teacher Well-Being And Mental Health Literacy: A Pilot Implementation Of Workshop Series At High Schools <i>Kieu Thi Thanh Tra, Ph.D., HCMC University of Education</i></p>	Conference room
16:05-16:35	Discussion	Main hall	Discussion	Conference room
16:35-16:50	Closing keynote <i>Dang Hoang Minh, Ph.D., VNU University of Education</i>			Main hall
16:50-17:00	Closing remarks <i>Kerstin Söderström, Ph.D., Inland Norway University of Applied Science</i>			Main hall