

## Early Childhood Adversity and Global Mental Health

Trainer/Facilitator: [Ragnhild Dybdahl](#)<sup>1</sup> & [Lars Lien](#)<sup>2</sup>

**Why attend?** The critical role of early childhood Interventions in Mental Health.

**Date & Time:** From 2 to 4 December (03 days), from 09.00 – 16.00

**Location:** Hanoi, Vietnam

**Audience:** Students, researchers, leaders, practitioners, and others with a background in, or possibility to influence, health and social work and other relevant fields

**Learning Objectives:** Participants will understand and be able to<sup>3</sup>

1. *Theoretical framework:*

- Key aspects of global mental health challenges and solutions;
- Early childhood development: nurturing care, risk factors, consequences of adversity;
- Current best evidence for mental health treatment related to early childhood
- Universal Health Coverage and links to global priorities in mental health

2. *Practical actions:*

- **Emergency planning and response:** Understand significance of involving social determinants, lived experiences, primary health, community-based services, task shifting, and integraion of MHPSS.
- **Scalable interventions:** Have knowledge of evidence for scalable interventions and experiences, especially parenting programmes
- **Communicate and Advocate:** Be able to communicate and advocate for early childhood interventions and policies for mental health
- **Intervention Programmes:** Be aware of several intervention programmes and approaches related to maternal depression, early childhood and parenting programmes
- **Skills to practice and implement:** Have basic skills needed to practice and implement interventions for children and families that have been victims of adversity

**Key topics:** *global mental health, early childhood development, public health approach, emergency planning and response, scalable interventions, communication and advocacy, intervention programme, skills*

**Format:** Lecture, group work, and excercises.

---

<sup>1</sup> University of Bergen, Norway. <https://www4.uib.no/finn-ansatte/Ragnhild.Dybdahl>

<sup>2</sup> Innland Norway University of Applied Sciences, Norway. <https://www.inn.no/finn-en-ansatt/lars-lien.html>

<sup>3</sup> FYI: Read the full syllabus and tentative schedule at

[https://drive.google.com/drive/folders/1He1eHSwCzzUQPMWv5liWQ-1Osnb3k3Hi?usp=drive\\_link](https://drive.google.com/drive/folders/1He1eHSwCzzUQPMWv5liWQ-1Osnb3k3Hi?usp=drive_link)